

# Food Program Survey

**We are using this survey to improve the Kansas Commodity Supplemental Food Program. Your answers will be kept strictly confidential and will not affect your benefits.**

**Age:** \_\_\_\_\_ **Sex:**     Male     Female    **Zip Code (Home address):** \_ \_ \_ \_ \_

**Ethnicity:**     Hispanic or Latino                       Not Hispanic or Latino

**Race: (Please mark one or more)**

American Indian or Alaska Native                       Asian                       Black or African American

Native Hawaiian or Other Pacific Islander                       White

**Please check mark the column that indicates how you feel about the items below.**

	Yes	Sometimes	Rarely	No
1. Do you receive USDA Foods nutrition fact sheets with recipes and tips in your monthly food boxes?				
2. Do you receive information in your monthly box on exercise or other health topics?				
3. Do you receive information in your monthly food box about other community resources?				
4. Are the handouts you receive with you monthly food boxes easy to read and understand?				
5. The handouts I receive with my monthly food boxes help me use all the food provided.				
6. I would attend a class on nutrition or cooking.				
7. Have you tried any of the recipes you have been provided?				
8. Were the recipes good?				

**PLEASE TURN OVER**

**Please check mark the column that indicates how you feel about the items below.**

	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
9. I have limited refrigerator space.					
10. I have limited cooking equipment.					
11. I have problems with lack of electricity.					
12. I have problems with lack of running water.					
13. In the last 12 months, I have worried about having enough money to buy food.					
14. In the last 12 months, I cut the size of meals or skipped meals due to lack of money for food.					
15. I can buy fresh fruits and vegetables any time of the year.					
16. Eating a good diet can help keep me healthy.					
17. For good health, I should eat at least 5 servings of vegetables and fruits every day.					
18. For good health, I should eat at least 2-3 servings of meat or protein every day.					
19. Would you like to receive other information with your food boxes?					
20. Do you have comments or concerns about the program in general?					

**THANKS FOR YOUR HELP**