

**EXHIBIT E**  
**COMMODITY SUPPLEMENTAL FOOD PROGRAM MAXIMUM MONTHLY**  
**DISTRIBUTION RATES**

Food Item	Size	Elderly 60+
Cereal, RTE or Farina or Rolled Oats	12-18 oz 18 oz 42 -48oz	2 or 2 or 1
Juice, Plastic	64 oz	2
Beef or Beef Stew or Chili or Chicken or Tuna or Salmon or	24 oz 24 oz 24 oz 10 -15 oz 12 oz 14.75 oz	1 or 1 or 1 or 2 or 2 or 2 or
UHT Fluid Milk 1%	32 oz	2
Inst. Nonfat Dry Milk	25.6 oz 12.8 oz	1 every other month 1 every month
Peanut Butter or Dry Beans	18 oz 2 lb	1 or 1
Dehy. Potatoes or Pasta or Rice	1 lb 1 lb 2 lb	1 or 2 or 1
Cheese	2 lb	1
Fruits	15-16 oz	2
Vegetables	15-16 oz	4