

Purpose: The PPS 3059C serves as the formal exit transition plan document required by Federal and State policy, in accordance with the Family First Prevention Services Act of 2018. This form must be completed within 90 days prior to release from custody. If the exit plan is unable to be completed within 90 days prior to release of custody due to extenuating circumstances and exception has been granted per PPM 0100 the exit plan shall be completed as soon as possible and no later than 45 days after release from custody.

See section 3214 of the PPS PPM for more information.

Guidelines for Completion

The PPS 3059C shall be completed immediately prior to release from custody in conjunction with the youth, case manager, aftercare case manager, and DCF Independent Living Coordinator or designee.

This form shall include the following:

- The young adult's contact information to include address, email, phone, and social media where they can be reached after release of care, along with a back-up contact information.
- Confirmation of individual documents the young adult has been provided along with the area identified for secure storage of these documents. The young adult shall have all their required documents in their possession prior to the release from care.
- The young adult's most recent plans for education and employment.
- Names and contact information for up to five individuals who would know how to contact the young adult once they are released from care.
- Contact information for the aftercare case manager and DCF Independent Living Coordinator.

In addition to the above information, case management teams shall inform young adults and complete the information on the following:

- **Medical Power of Attorney/Living Will** This section shall be explained in its entirety. Case management teams shall assist the young adult in formally selecting a trusted adult to make medical decisions on the young adult's behalf, should a situation arise where they were to become incapacitated for any reason. Not only is this a federal requirement but selecting a Medical Power of Attorney helps prepare the young adult to plan for emergencies and unforeseen circumstances where they may not be able to communicate their needs and treatment preferences. Case teams shall discuss with young adults if they are interested in obtaining a living will. A Living Will is a document that outlines someone's wishes for medical care if they are terminally ill or permanently unconscious.
- **Services and supports after Release** The young adult shall indicate which services and supports, they are interested in receiving from DCF Independent Living and other community resources after release of custody by checking boxes of specific services and supports on this form. Young adults may have additional services and supports they need that are not listed on this form. Case management teams shall confirm that any resources and supports the young adult is interested in receiving are shared with them prior to or during the exit interview meeting.
- **The National Youth in Transition Database (NYTD)** DCF may contact them at ages 19 and 21 to complete a federally mandated survey that collects data on youth in foster care and their outcomes.

Participants in the Exit Plan shall sign and date when the Exit Interview has been completed and document any concerns surrounding the plan that the youth has developed.

The youth shall be provided a copy of their completed PPS3059A My Plan for Successful Adulthood, along with this form with the completed resources section prior to being released from custody.

The following documents shall be sent to the DCF NYTD email and DCF Independent Living regional email, where the youth will be located or has requested services immediately prior to release of custody: copies of the youth's identifying documents, PPS 3059C and send to regional DCF IL teams. If a young adult is transitioning out of foster care to live in another state after release, case teams shall include documentation that Medicaid has been applied for and IL services have been obtained.